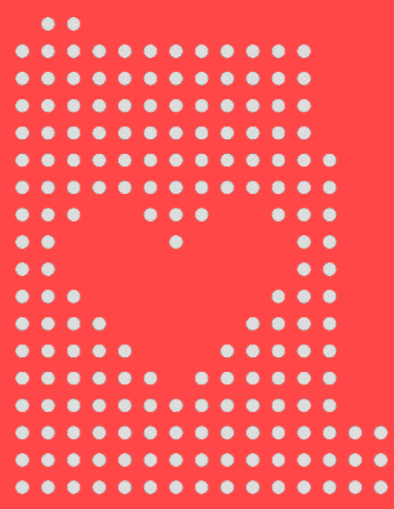


2018

FOR YOUR FAMILY



**Monroe County
United Ministries**

Holiday Food Basket Content List:

- 8 cans of Vegetables
- 2 cans of Fruit
- 2 cans of Beans
- 3 cans of Condensed Soup
- 1 can of Tomatoes or Pasta Sauce
- 30-32 oz of Meat (canned, frozen)
- 2 cans of Pasta/Harty Soups/Chili
- 1 large Box of Cereal
- 1 package of Crackers
- 1 reg pkg or 2 small boxes of Muffin/Baking Mixes
- 2 Helper Meals, Pasta, Rice, or Potato Sides
- 2 lbs of Pasta or Rice
- 3 ind. pkgs of Ramen, Easy Mac, or Microwaveable Soups
- 1 medium jar of Peanut Butter
- 2 Boxes of Mac & Cheese
- 1 pkg of Snacks/Desserts

Optional:

- Frozen ham
- Frozen turkey
- Store-bought pie

Please identify bags that are part of one set by attaching a ribbon, wrapping paper, or other identifier on each bag. We also recommend double-bagging groceries.

Food baskets are due to MCUM's administration office by 4:30 PM on Friday, December 7.